

One Queen

STREET EAST

MAY
2025
NEWSLETTER

Welcome to our May Newsletter!

As spring brings new energy and brighter days, May also brings an important reminder—it's Mental Health Awareness Month. This is a time to prioritize well-being, foster connection, and support one another in creating a healthy, balanced work environment. In this month's newsletter, you'll find building updates, upcoming events, and a few wellness resources to help you take a moment for yourself—whether that's a deep breath between meetings or a mindful walk during lunch.

— **Stephen Adams**, Associate Director, Asset Services



BOMA BEST CERTIFICATE

One Queen Street East and 20 Richmond Street East have been awarded the BOMA BEST Silver level certification, recognizing their commitment to environmental sustainability. This certification, granted by the Building Owners and Managers Association (BOMA) of Canada, acknowledges excellence in energy and environmental management in commercial real estate. The properties achieved this status by implementing measures such as reducing water consumption through the installation of no-touch flush urinals and water-reducing aerators, lowering energy use with variable speed drives on fans and motors, and enhancing waste reduction via extensive recycling programs.

WELCOME NEW TEAM MEMBER!

Please join us in welcoming Timothy James Diwa in his new role as the New Operations Supervisor for One Queen Street East. Timothy comes to us with extensive experience in operations, having worked with First Capital and The Remington Group across a wide range of building management roles in the Toronto area.



Timothy James Diwa
NEW OPERATIONS SUPERVISOR

Therapy Dog Day

WEDNESDAY, MAY 7, 11:30 AM- 1:30 PM
ONE QUEEN MAIN LOBBY

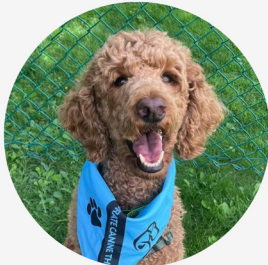
Corporate Canine Therapy has been creating 'pawsitive' spaces in workplaces and beyond, addressing stress and enhancing well-being with certified therapy dogs. Corporate Canine Therapy brings trained therapy dogs to corporate, educational, and healthcare environments, fostering calm, collaboration, and emotional resilience.

Join Us for the Therapy Dog Event!

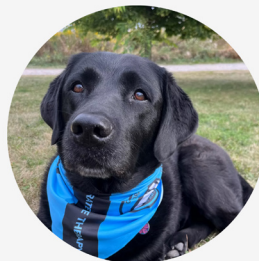


[LEARN MORE HERE](#)

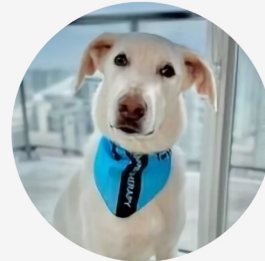
COME MEET OUR AMAZING CANINE THERAPY DOGS
AND CREATE UNFORGETTABLE MEMORIES WITH THESE FURRY FRIENDS!



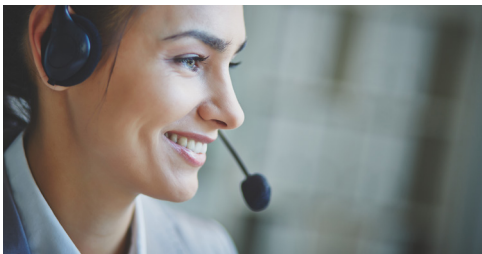
Pluto (Hypo)



Gayle



Marè



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